



Week 1/	Monday	Tuesday 02/04/24	Wednesday 03/04/24	Thursday 04/04/24	Friday 05/04/24
MAIN		Chicken Meatballs With pasta with Veg (GL,SO,)(MC-EG, MI,MU)	Beef lasagne with veg (GL, ML)	Chicken and Vegetable curry with Rice	Chicken Nuggets with Chips (CL,GL)
VEGETARIAN OPTION		Cheese and tomato pasta bake with Veg (GL,MI	Quorn mince Lasagne with Veg (GL , SO,MI)	Vegetable curry with Rice	Vegan Nuggets with Chips (GL)
DESSERT				264	
Week 2/4	Monday	Tuesday 09/04/24	Wednesday 10/04/24	Thursday 11/04/24	Friday 12/04/24
MAIN		BBQ Chicken with vegetable rice (MI)	Beef boloniese with pasta and Veg (GL,MI	Creamy Chicken and broccoli pasta bake And veg(GL,MI)	Fish cake Chip and peas
VEGETARIAN OPTION		BBQ Quorn Sausage with vegetable rice (GL, SO,MI)	Quorn mince bolognese with pasta and Veg (GL, SO,MI)	Macaroni Cheese and veg (GL,MI)	Vegan Nuggets with Chips and peas (GL)
Dessert			Total Control	200	

ALLERGY KEY

CELERY-CL / GLUTEN GL /CRUSTACEANS –CR / EGGS-EG NUTS –NU /PEANUTS –PE / SESAME SEED –SE /SOYA –SO

FISH-FL /LUPIN - LU / MILK -MI /MUSTARD -MU /
SULPHUR -SU/ MOLLUSCS - MO Might Contain (MC)